

# AMBOS

## ALL DAY CAFÉ

EVERYDAY — 8 AM–3 PM

Blueberry Eincorn Muffin ( <i>N</i> )	6
Spinach & ricotta empanada ( <i>N</i> )	7
Rhubarb empanada ( <i>N</i> )	7
Carrot cake scone with cream cheese apple icing ( <i>N</i> )	7
Honey buckwheat cookie ( <i>G, N</i> )	5
Strawberry hazelnut cookies	5
Everything walnut cookie	12
Yogurt bowl, seeded granola, peach jam ( <i>G, N</i> )	7 CUP 14 BOWL
Bone broth, fermented pepper, turmeric ( <i>G, D, N</i> )	15
Pressed juice, beet, carrot, apple, ginger ( <i>G, D, N, V</i> )	

## LUNCH

EVERYDAY — 11 AM–3 PM

Mixed green salad, miso dressing, radish, toasted pepitas ( <i>G, D, N</i> )	14
Scrambled eggs, spinach, Mel's toast, butter ( <i>N</i> )	18
Carolina gold rice, house ferments, spinach, ginger, miso dressing ( <i>G, D, V, N</i> )	20
Chicken milanese, rice panko, german potato salad ( <i>G, D, N</i> )	23
Bavette steak sandwich, horseradish, arugula, onion, dijon, mayo ( <i>N</i> )	25

### Add ons:

Fried egg	5
Chicken breast	7

## COFFEE

Drip	3 M 4 L
Cold brew	6
Americano	4
Espresso	4
Macchiato	4
Cortado	5
Cappuccino	5
Latte	5
Chai Latte	5
Hot chocolate	7

G – GLUTEN FREE   D – DAIRY FREE   N – NUT FREE   V – VEGAN

ALL PASTRIES BAKED FRESH EACH MORNING

GRANOLA, JAMS, BONE BROTH, AND JUICES MADE IN HOUSE